



# SPEECH THERAPY

Our skilled Speech Therapy team at 1st Care At Home is dedicated to enhancing lives by addressing speech, language, communication, cognitive, and swallowing disorders in both children and adults.



## YOUR HEALTH IS OUR PRIORITY

We believe that effective communication and safe swallowing are integral to overall well-being, and our team is here to provide support and therapeutic interventions.



### Holistic Approach to Communication

From assessment to treatment, our Speech Therapy team takes a comprehensive approach to enhance speech, language, social communication, and cognitive-communication skills.



### Aiding Swallowing with VitalStim

VitalStim Therapy harnesses the power of Neuromuscular Electrical Stimulation (NMES) to strengthen muscles involved in swallowing. This sensory stimulation not only strengthens muscles but also enhances overall swallowing function.



### Empowering Clear Communication

For individuals with Parkinson's Disease, our LVST Loud therapy method offers hope by improving voice volume and speech intelligibility. This clinically proven approach transforms communication and enriches quality of life.



### Supporting Cognitive Communication

We understand the importance of cognitive communication. Our therapists provide tailored interventions to address cognitive challenges and promote effective communication.

Our Speech Therapy team is here to empower you or your loved ones to communicate with confidence and enjoy the pleasures of effective speech and safe swallowing. Whether speech therapy is the sole focus or part of a comprehensive care plan, we're committed to your well-being.

[www.1stcareathome.com](http://www.1stcareathome.com)